inSight® Remote Patient Monitoring - Clinician guide

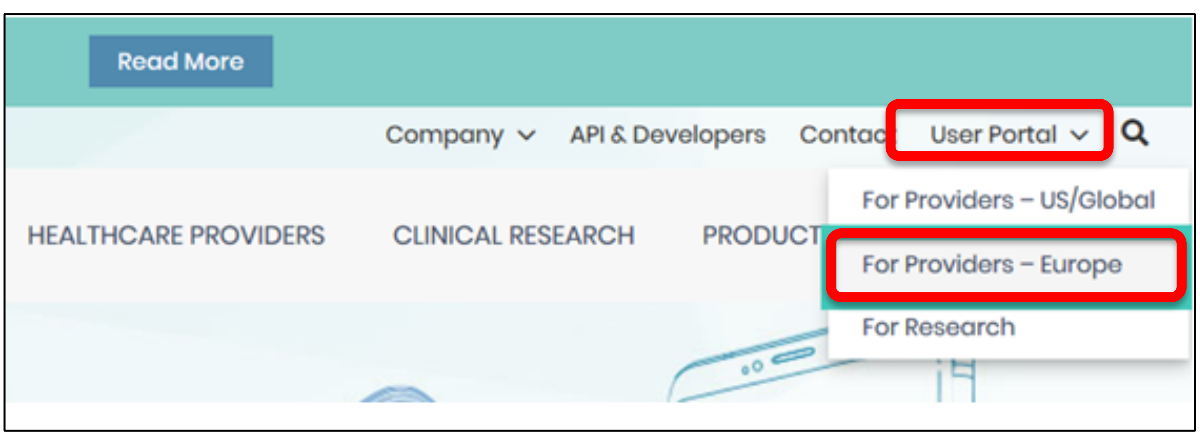
eKare inSight® Patient App is available to help you to monitor your patients remotely.

All information your patients provides via their eKare inSight® Patient App, feeds into the eKare inSight® patient record visible to you and your colleagues via the App, and web portal at http://eKare.eu.

To use eKare inSight® Patient App you need to ensure that your 'Site Administrator' or Account Administrator' has assigned you to the patient(s) you wish to monitor.

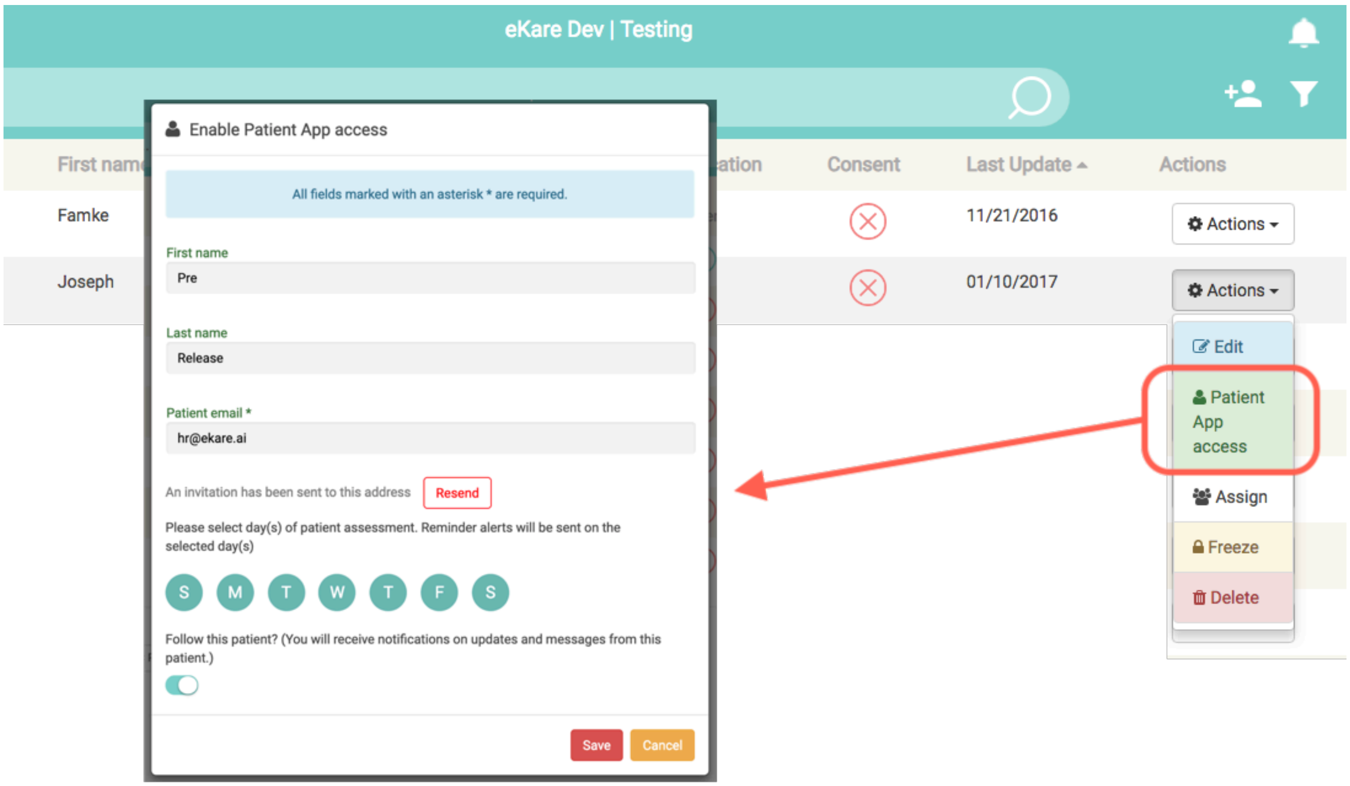
1. Discuss eKare inSight® Patient App with your patient(s) and agree use
    - Patients require an iPhone running iOS 13 or later (Reference marker is needed for iPhone models 6, 7, 8, and 11, no Reference Marker is needed for iPhone models 7 plus, 8 plus, X and 11 Pro)
    - Patients must provide a valid email address that they have daily access to
    - Do not forget to give your patient(s) a supply of the eKare inSight® marker stickers and tell/show them how to use these for iPhones without a dual lens camera.

2. Create the patient in the eKare inSight® system.
    - Gather as much wound information as you can and enter it. Remember, a patient is unlikely to know the correct wound terminology, so we want to avoid the patient having to input this information.
    - You can create the patient by logging in via the eKare inSight® app for iPhone, eKare inSight® iPad, or via the eKare inSight® web portal at http://eKare.eu

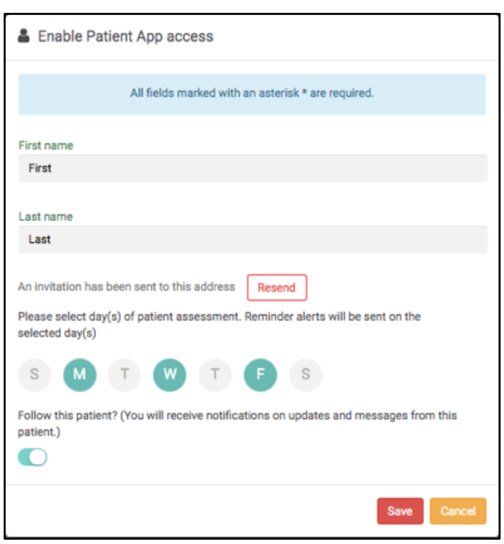


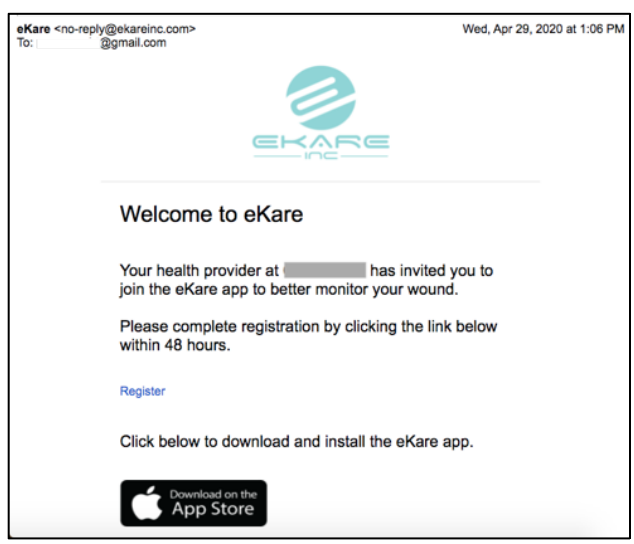
eKare EU, Luzernestraat 19H, 2153 GM Nieuw-Vennep, The Netherlands
http://eKare.eu Info@eKare.eu

3. Identify patient from the Patient Directory, Expand the ‘Actions’ menu and select 'Patient app access'. In the input screen enter patient's email address and select the days in a week when patient assessments should be completed; patients will receive notification on the selected days. A toggle selector at the end allows you to follow this patient and receive relevant notifications, including updates to images, measurements, assessments, and messages.

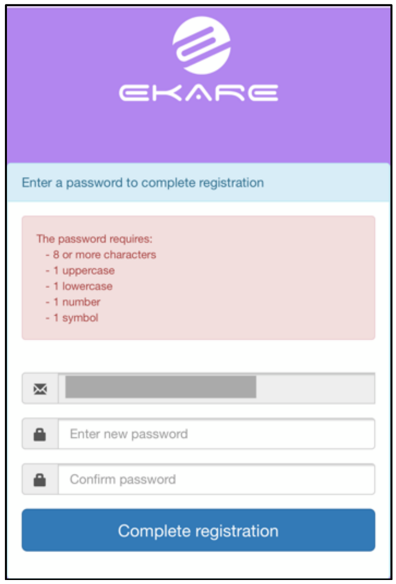


- A registration link is sent to the patient. If the patient fails to register, the request can be resent using the ‘Resend’ button.





4. When the patient clicks ‘Register’ they are prompted to setup eKare credentials and download the eKare app to their mobile device.



- Once the patient has registered and downloaded the app, they are able to login and complete assessments, as assigned by their Clinician.

Please Note

- Unlike the clinician app, patients do not need to trace the wound border. Instead, wound tracing and measurement computations are done automatically.
- A notification is sent to you (if you toggled the ‘follow’ button to ‘on’) when the AI-generated wound tracing is available for you to review.
- When reviewing the patient-submitted measurement, you may have the option to either ‘Revise’ or ‘Accept’ the tracing.

5. Assigning Clinicians
    - The user that initially enables access to the patient monitoring app receives notifications regarding patient activity, unless they opt out during the registration process.
    - To add additional Clinicians to receive notifications regarding patient activity, login to the eKare portal via a web browser and navigate to the patient in the Patient Directory.
    - Use the ‘Action’ tab to select ‘Assign’. A window will pop up showing all users in the system with the role of ‘Clinician’. Check the ‘Follow’ box to assign a clinician to the patient.

6. Deactivating Patients
    - Login to the eKare portal via a web browser and navigate to the ‘User Management’ tab via the navigation tree on the left side of the screen.
    - Use the ‘Action’ tab on the right side of the screen to select ‘Delete’ and confirm.
    - Deleted patient users can be reactivated by following steps for registration above.