

inSight[®] Remote Patient Monitoring - Patient guide

The eKare inSight[®] Patient App has been offered to you by your healthcare professional (HCP) to remotely monitor your wound healing without attending appointments in-person. Once registered, you will use the eKare inSight[®] Patient App on your own iPhone, or one provided by your HCP, to complete wound healing assessments and photography from home.

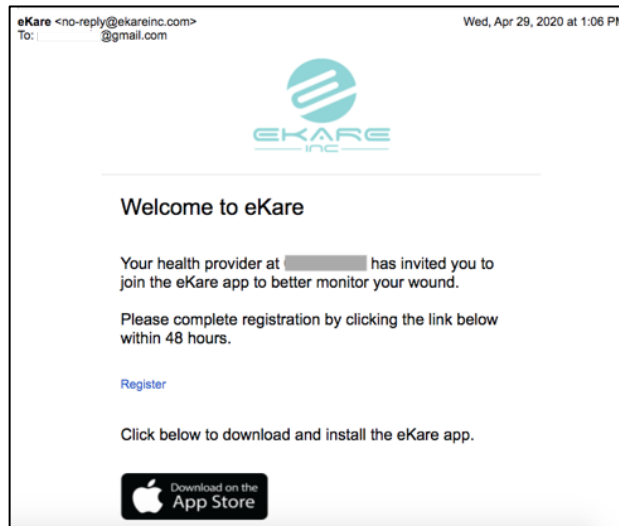
All information provided via the eKare inSight[®] Patient App is immediately sent to a secure cloud-based portal that feeds into the **eKare inSight[®]** and NHS patient record. Your HCPs are notified when you submit a new assessment or photograph so they can review the newly submitted information. You will also be able to see the progress of your wound over time within the app.

To be registered in this system you will be asked to supply your HCP with the information below:

- An email address which you have daily access to via your iPhone (this will become your username for accessing the app, so please verify it is correct)
- Details of which iPhone model you will be using (this is so that your HCP can supply you with any additional equipment you may require)

Patient Registration for use of eKare inSight[®] Patient App

You will receive a link to register for use of the eKare inSight[®] Patient App.



Once you click 'Register' you will be prompted to set up eKare credentials and download the eKare app to your iPhone. After registration is complete and you have downloaded the app, you will be able to login and complete assessments, as assigned by your HCP.

When to take a measurement photo of your wound

Patients will receive email notifications (depending on the inSight product you have) when it's time to complete an assessment. When a notification is received, patients can tap on the notification to be routed directly to the eKare app login screen, or navigate to the app manually, select and login.

Consent

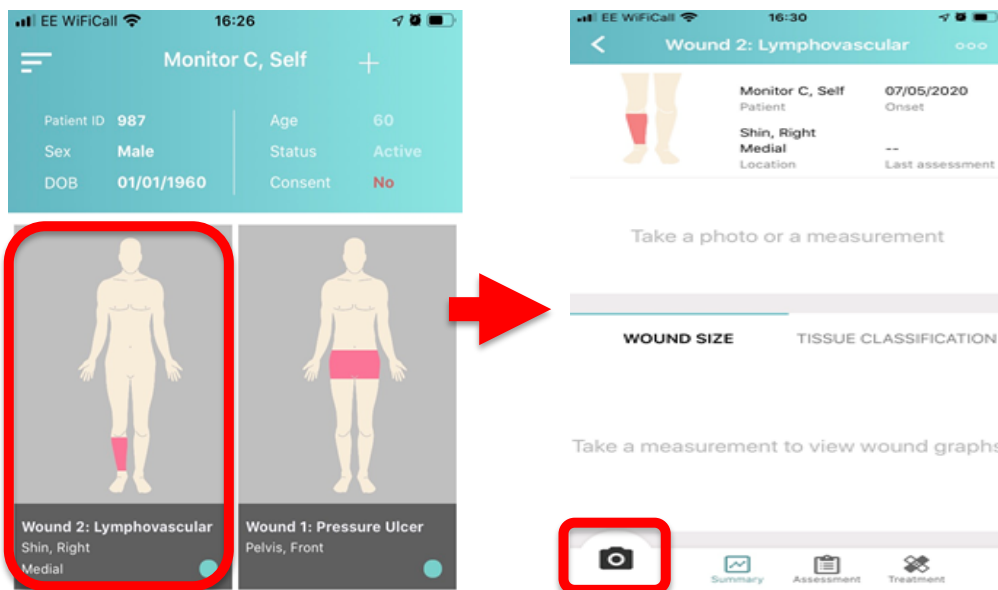
If you have not been seen by your health care professional via the **eKare inSight®** system previously you may have to give consent for your photographs to be collected and stored in the system the first time you use it.

If this is necessary, a prompt will appear, and the app will walk you through the process

Please note that if prompted, you **MUST** give consent to be able to continue and therefore to use the system.

How to measure your wound

Once logged in via the app on your iPhone, tap on the Wound ID for which you would like to complete an assessment. This will take you to the wound dashboard, as seen below.

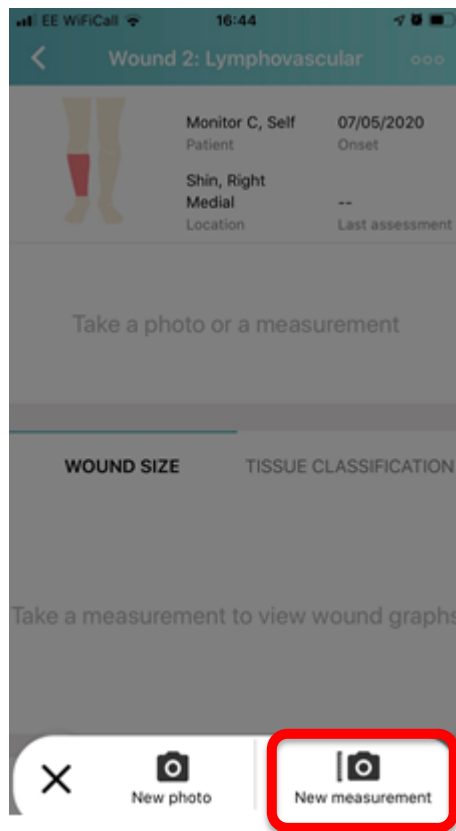


Dual lense iPhone (iPhone 6 Plus, 7 Plus, 8 Plus, X, 11 Pro)

- Skip straight to next step - taking measurement photo

Non-dual lense iPhone (iPhone 6, 7, 8, and 11)

- Obtain an eKare inSight®marker sticker
 - Supply to skin next to wound
 - Ensure sticker is not on skin that is higher or lower than the exposed wound
- After tapping on the camera icon, select '**New Measurement**' on screen

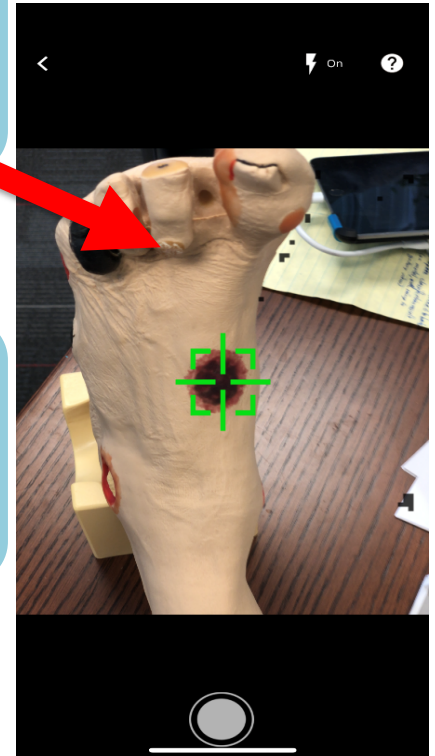


Dual lens iPhone (iPhone 6 Plus, 7 Plus, 8 Plus, X and 11 Pro)

- Adjust camera until centre reticle turns green
- Press shutter release (white circle)

Non-dual lens iPhone (iPhone 6, 7, 8, and 11)

- Ensure that marker sticker is recognised by eKare inSight® (white floating marker appears on screen and covers image of sticker)
- Press shutter release (white circle)



After measurement image capture, please ensure:

- The image is in focus and not blurry
 - The entire wound is visible with a margin of healthy tissue around the outside
 - The wound was not photographed from an angle
 - Sufficient lighting is present
 - To retake the photograph, tap the 'X' in the upper left corner to begin the photography process from the start.
- Once image quality has been confirmed, click 'Submit' on screen if the image is framed accurately. Your wound will be measured automatically by the system. Once confirmed by your HCP, the wound tracing and measurement values will be visible within the app.

